

TRAINING**Webinar Series on Plans of Safe Care (POSC) and Perinatal Substance Use**

Health Management Associates (HMA) has been retained by the Los Angeles Office of Child Protection (OCP) and the Los Angeles Department of Children and Family Services (DCFS) to provide free education, training, and technical assistance services to birthing hospitals in Los Angeles County on the implementation of Plans of Safe Care (POSC), a key federal requirement of the Comprehensive Addiction Recovery Act and the child Abuse Prevention and Treatment Action (CARA/CAPTA).



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This series of 10, one-hour trainings provides information on Plans of Safe Care and Perinatal Substance Use. All sessions will be recorded and made available for future training use. Learning Objectives for each webinar are listed below.

Registration is Now Open!

Please register for this training using the following link:

<https://www.healthmanagement.com/implementing-plans-of-safe-care-in-a-hospital-setting/>

» **Webinar 1: Origins and Components of Plans of Safe Care**

Friday, June 7, 2024 / 12:00 – 1:00 p.m.

- » Describe legislation that influences the care and treatment of substance exposed infants
- » Understand relationship to and requirements for Families First Preventions and Services Act (FFPSA)
- » List the elements (domains) of a comprehensive POSC
- » Generally, describe the difference between a POSC, and hospital discharge plans and a CPS safety plan
- » Describe two to three best practices in developing a POSC
- » List at least four of the domains included in a Plan of Safe Care
- » List at least three specific services in the infant health care and child development domains
- » Feel confident completing a Plan of Safe Care document

» **Webinar 2: Neurobiology of Substance Use Disorder & Best Practices for Screening, Assessing and Toxicology**

Friday, June 14, 2024 / 12:00 – 1:00 p.m.

- » Describe the neurobiology and chronic disease nature of addiction
- » Be able to describe how that neurobiology affects behavior and recovery
- » List three facts about perinatal substance use disorder
- » Describe the basic differences between (and the purpose of) screening, assessment and level of care determination
- » Identify at least three validated screening tools that are appropriate for women at risk of SUD
- » Discuss at least two considerations when conducting toxicological testing

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» Name the components of S(A)BIRT

» Describe ways to discuss toxicological results that do not increase patient resistance

» **Webinar 3: Understanding perinatal SUD: Effects on Pregnancy Parents and Baby**

Friday, June 21, 2024 / 12:00 – 1:00 p.m.

» Describe what is known about short- and long-term effects of perinatal SUD

» Paraphrase the standardized definition of NAS and the three physiologic systems affected

» List at least three non-pharmacologic interventions for managing the symptoms of neonatal abstinence syndrome (NAS)

» List at least three strategies for supporting parents and infants affected by SUD

» **Webinar 4: Dosing MAT Before, During and After Pregnancy & Breastfeeding and SUD, MAT**

Friday, June 28, 2024 / 12:00 – 1:00 p.m.

» Compare the effectiveness of and considerations for using substance use disorder treatment with medications and other treatments for SUD in pregnant and parenting persons

» List at least three contraindications to breastfeeding and how to manage the human milk production and use

» Describe at least two considerations to discuss while counseling pregnant/parenting persons with SUD about breastfeeding (on and off MAT)

» Understand the benefits of breastfeeding - in general and in those with SUD

» Explain contraindications for breastfeeding

» Comprehend risks and benefits associated with breastfeeding and MAT

» Describe a paradigm for counseling pregnant/parenting persons with SUD/ODU on decision-making about breastfeeding decisions

» Summarize concepts to include in a hospital-based breastfeeding policy for persons with SUD

» **Webinar 5: Harm Reduction & Stigma and SUD Treatment**

Friday, July 5, 2024 / 12:00 – 1:00 p.m.

» Define harm reduction and its importance in healthcare

» List at least three factors that contribute to the risks of overdose from Fentanyl and other synthetic opioids

» Describe the California Standing Order and the Laws that protect overdose responders

» Describe the mechanism of action of naloxone and how individuals can access naloxone in California

» Summarize the action steps to reverse an overdose

» Describe and give examples of three different types of stigma

» Explain how stigma influences treatment choices among patients and families impacted by peri- and post-natal OUD

» Outline organizational-level approaches for reducing provider and staff stigma toward individuals with SUD

» Explain how stigma can give rise to sexism, racism and other forms of discrimination

» Understand the special needs of women with SUD

» **Webinar 6: Supporting Substance Exposed Infants & Considerations for Working with DCFS**

Friday, July 12, 2024 / 12:00 – 1:00 p.m.

» Summarize what is known about the incidence of perinatal substance use and Neonatal Abstinence Syndrome (NAS)

» List at least three goals for NAS interventions

» List at least three non-pharmacologic interventions for infants with NAS

» Identify at least three community resources that can support substance exposed infants

» Provide a high-level description of the POSC workflow for LA County / your hospital

» List considerations for consultation with the DCFS Hotline

» Identify resources or tools you can use for informing decisions about reporting to DCFS

» **Webinar 7: POSCs and Supporting the Pregnant Person/Parent & Operationalizing the POSC**

Friday, July 19, 2024 / 12:00 – 1:00 p.m.

» Summarize elements of a comprehensive Plan of Safe Care

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- » Identify at least three critical transition periods during the recovery journey and how to support individuals during those transitions
- » Describe the key considerations in addressing the needs of pregnant/parenting persons with SUD and how those can be addressed
- » List at least three principles for implementing trauma informed practices
- » Explain the elements of a comprehensive Plan of Safe Care (POSC)
- » Discuss approaches and considerations for implementing POSC in hospitals
- » Navigate the LA County (or your hospital) POSC Template and workflow
- » Name a resource that provides additional information on POSC
- » Understand the criteria that may lead to referral to Child Welfare Services

» **Webinar 8: Discharge Planning & Transitions of Care and Community Resources for Pregnant and Parenting People**

Friday, July 26, 2024 / 12:00 – 1:00 p.m.

- » Identify at least two points of contact in the hospital setting and their importance to the care of pregnant/parenting persons with SUD and their exposed infants
- » List at least three principles to guide discharge planning process for pregnant/parenting persons with SUD
- » Name and describe at least four actions that should be part of the discharge checklist
- » List the critical points of transition for pregnant and parenting women
- » Explain the barriers to transitions of care
- » Understand the impact of a patient's immediate needs on referrals and transitions of care
- » Explain what makes a transition from one point of contact to another successful
- » Be able to identify at least three sources to access to find community resources for PPP with SUD
- » Local resources (HV, PPW Network, etc.)

» **Webinar 9: Trauma Informed Care and Social Determinants of Health for Pregnant and Parenting People**

Friday, August 2, 2024 / 12:00 – 1:00 p.m.

- » Define adverse childhood experiences and trauma informed care
- » Describe the neurobiological effects of toxic stress on physical and mental health
- » Discuss the relationship between early trauma and opioid use disorder (OUD)
- » List the five main categories of and the overall contributions of SDOH to health outcomes
- » Discuss the relationship between SDOH and ACEs
- » Identify one practical applications of gender responsive trauma informed care

» **Webinar 10: Emerging Evidence and Practices for Addressing Neonatal Abstinence Syndrome in Infants and Families Affected by SUD**

Friday, August 9, 2024 / 12:00 – 1:00 p.m.

- » Summarize the symptoms of and approaches to diagnosing neonatal abstinence syndrome (NAS), also known as neonatal opioid withdrawal syndrome (NOW)
- » Contrast traditional and emerging care practices for NAS and relative outcomes
- » List at least 4 specific non-pharmacologic interventions that can be used to treat NAS
- » Describe a paradigm for counseling women on decision-making about breast-feeding decisions
- » Summarize concepts to include in a hospital-based breastfeeding policy
- » Describe a basic approach to team-based care for mothers with OUD/SUD and infants with NAS

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Continuing Education Credit for Nurses

Participants may earn up to 1.0 contact hour for each session through the Hospital Council of Southern California, which is approved by the California Board of Registered Nursing, Provider #970.

Continuing Medical Education

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.