



violence

Violence Prevention and De-escalation in the Health Care Setting

When:

Sept. 30, 2022
Registration: 8:30 a.m.
Program: 9 a.m.–4:30 p.m.

Where:

Flex Ed Corporate Offices

Contact:

Jamila Mayers
jmayers@hasc.org

Cost:

\$150 for HASC hospital members
\$175 for non-acute stakeholders

Class size limited to 25.

Sponsored by:

Hospital Association of Southern California and Flex Ed

Session Description

This course teaches health care professionals strategies to use when dealing with potentially abusive clients. Techniques will include verbal de-escalation skills and humane, non-injurious personal safety and patient restraint methods that meet the requirements for AB508 violence prevention training. This course also meets the educational component for SB1299 training and includes Active Shooter content. Attendees will practice de-escalation techniques through role-play exercises. Participants should wear comfortable clothing and be able to perform various physical movements.

Course Objectives

Following this course, participants will be able to:

- Provide a safe, secure and caring environment for staff and patients
- Identify de-escalation techniques used when responding to escalating behaviors
- Decrease use of hands-on management of aggressive behavior, with the ultimate goal of eliminating use of restraints and seclusion
- Demonstrate humane, non-injurious personal safety and patient restraint techniques
- Determine what actions to take during an active shooter situation

Who Should Attend?

Health care professionals and staff in the health care system, including emergency (ED) and psychiatric departments.

AGENDA

Time	Subject
9–9:40 a.m.	Introductions and Course Overview
9:40–10:10 a.m.	Personal Space and Body Language Exercise
10:10–10:35 a.m.	Crisis Cycle — Anxiety Level and Therapeutic Considerations
10:35–10:45 a.m.	Break
10:45–11:15 a.m.	Crisis Cycle — Crisis Level, Personal Safety and Crisis Response Team
11:15 a.m.–12:15 p.m.	Lunch
12:15–12:35 p.m.	Crisis Cycle — Recovery and Debriefing
12:35–1:10 p.m.	Restraint Safety and Documentation Active Shooter Video
1:10–2:10 p.m.	Physical Techniques
2:10–2:30 p.m.	Break
2:30–4 p.m.	Role Play
4–4:30 p.m.	Written Test, Wrap-up, Q&A, Evaluations

FACULTY

Derek Hudson, Flex Ed Instructor

With over 32 years of experience in health care and education, Derek Hudson began his career as a special education coordinator for the Los Angeles Unified School District. He became interested in behavioral health sciences and began working in acute clinical settings, spending nine years as a psychiatric technician in the emergency department. Hudson has been an affiliate instructor with Flex Ed for over 13 years, teaching health care professionals several disciplines such as basic life support, assaultive behavior management, workplace violence prevention, harassment prevention and body mechanics. Hudson is passionate about how he delivers course material. His main course objective is for students to take away useful tools and techniques that will positively affect their lives as health care professionals.

Violence Prevention and De-escalation in the Health Care Setting

Friday, September 30, 2022

Location: Flex Ed Corporate Offices

3340 Riverside Drive, Ste. H, Chino, CA 91710

Registration: 8:30 a.m. Program: 10–11:30 a.m.

Register online: www.hasc.org/events/violence-prevention

Registration fees include breakfast, lunch, materials, continuing education credits and certificate.

\$150 for HASC hospital members

\$175 for non-acute stakeholders

First Name: _____ **Last Name:** _____ **Nickname:** _____

Organization: _____

Title: _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Phone: (____) _____ **Email (required):** _____

Continuing Education Signup:

Provider approved by the California Board of Registered Nursing, Provider No. 08593, 8 contact hours.
Circle one: RN LVN CNA PA RT PT Other _____ **Professional License Number** _____

IMPORTANT INFORMATION

- Registration deadline: **Sept. 16, 2022.**
- Valid payment information must be received with your registration.
- Make check payable and mail to:
HASC, FILE 1361, Pasadena, CA 91199-1361
- You may be photographed or videotaped at the event. HASC reserves the right to use these photos and videos in promotional, marketing, educational and other materials.

SPECIAL NEEDS or QUESTIONS

For ADA assistance or general registration questions, contact hasceducation@hasc.org.

CANCELLATION

- Program cancellations received in writing by Sept. 16, 2022 will be subject to a \$50 processing fee.
- We welcome substitutions.
- Refunds will not be granted after Sept. 16 or for no-shows. Fees are not transferable to other programs.